



# LSU AgCenter SNAP-ED IMPACT 2020-2023



## EDUCATIONAL PROGRAMS

Our lessons teach SNAP recipients and other limited-resource audiences how to make healthy choices with a limited budget. Through SNAP-Ed, people can learn how to prepare nutritious, affordable meals and maintain a healthy lifestyle.



**18,519**  
nutrition lesson  
participants



**3 OUT OF 4**  
participants report  
eating healthier\*



**2 OUT OF 3**  
youth participants  
report exercising more



**4 OUT OF 5**  
adult participants  
report exercising more

\*Eating healthier includes positive changes to eating habits such as drinking less soda and eating more vegetables.

## COMMUNITY CHANGE EFFORTS

SNAP-Ed agents support parish-level Healthy Communities coalitions to enact policy, systems, and environmental (PSE) changes that will result in long-term, sustainable solutions to health challenges that our communities face. Learn more about Healthy Communities at [www.LSUAgCenter.com/HealthyCommunities](http://www.LSUAgCenter.com/HealthyCommunities).



**2,031**  
partnerships  
established



**244**  
Healthy  
Communities  
coalitions



**302**  
policy, systems, and/or  
environmental (PSE)  
changes implemented



**\$4.5  
MILLION**  
in outside funding to  
support PSE changes



**5,653**  
volunteer hours  
valued at  
\$143,754!

## FIND YOUR AGENT!

<https://bit.ly/LSUAgent>



## Rural Complete Streets Summit 2022

LSU AgCenter Healthy Communities hosted the first Louisiana Rural Complete Streets Summit in October 2022. Teams of local elected officials, community members and AgCenter extension staff from 12 rural communities received hands on guidance on how to submit successful applications for pedestrian and bicycle infrastructure funding. Teams were matched with representatives from the LaDOTD, Center for Planning Excellence, Atchafalaya National Heritage Area, Federal Highway Administration and Safe Routes Partnership.



## Community and School Gardens

LSU AgCenter nutrition staff have established school or community garden projects at 48 sites across the state. This hands-on learning reinforces nutrition lessons and provides both children and adults with lifelong gardening skills. Pictured on the left are students at Roseland Montessori School in Tangipahoa Parish.



## Park and Trail Enhancements

The LSU AgCenter Healthy Communities program has installed fitness signs, StoryWalks or silly walking track signs in 34 parks across the state. These environmental enhancements encourage physical activity and provide simple exercise prompts for a wide range of ages and abilities. Pictured on the far left is LSU AgCenter nutrition agent Jessica Randazzo who partnered with the St. Martin Parish Government to bring fitness signs and StoryWalks to every park in the parish.



## Painted Playground Stencils

In addition to AgCenter nutrition lessons, children across the state are getting active with painted playground stencils installed by LSU AgCenter nutrition staff and community volunteers. These play spaces are a low-cost way to encourage children to be active while visiting everyday destinations like schools, libraries and parks. A total of 70 sites now feature these painted play spaces. Pictured on the left are students at Raceland Lower Elementary in Lafourche Parish.