

# 2023 FLORIDA SNAP-ED IMPACT

## UF/IFAS Extension Family Nutrition Program (FNP)

Providing SNAP Education in Florida since 1996



Supplemental Nutrition Assistance Program Education (SNAP-Ed) helps limited-resource families eat healthier on a budget and be more physically active to reduce the risk of obesity and chronic disease.

### ● FLORIDA'S NEED

**6.6  
million**

Floridians qualify for SNAP-Ed<sup>1</sup> = **29.6%** of the FL population<sup>2</sup>

**2.3  
million**

experience food insecurity<sup>3</sup> = **10.6%** of the FL population<sup>3</sup>



**1 in 5**

youth have **obesity**<sup>4</sup>

**20%**

of 6th-12th graders are **physically active** for at least an hour per day<sup>5</sup>

### ● OUR IMPACT

In 2023, FNP made an impact in **30 counties** by influencing eating and physical activity behaviors, increasing food access, and improving the health of local communities. After attending nutrition education classes (based on pre- and post-programming surveys):

**46%** of 6th-12th graders **increased fruit or vegetable** consumption



**57%** of 3rd-12th graders **increased healthful beverage** consumption



**50%** of 3rd-12th graders **increased the number of days** per week they were **physically active**



#### Sources:

1. US Census, ACS (S1701), 2022
2. US Census, ACS (CO-EST2022-POP), July 1, 2022
3. Feeding America, Map the Meal Gap, 2021
4. State of Florida Summary of School Health Services, 2021-22
5. FLDOH, 2022 Florida Youth Tobacco Survey

# OUR REACH

## 274,421

Youth, Pre-K to 12th grade, reached through nutrition education classes and policy, systems and environmental (PSE) changes



## 11,006

classes taught

## 228

PSE changes impacting gardens, schools, childcare centers, communities, and school food pantries

## 29,057

youth actively participated in 176 school, childcare center, or community gardens

## 475

school and childcare staff trained on promoting healthy behaviors and reducing food insecurity in their communities



## 691

partner sites

“

The program is amazing. Without FNP coming to our site, it would have been much more difficult for us to give our students this much hands-on activity and learning.

April Jaques, Science Teacher,  
Timbercrest Elementary School

In addition to English, we offered programming in Spanish and Haitian-Creole to serve Florida's diverse population.

## Partner with us for a healthier Florida!

Asóciese con nosotros para una Florida más saludable!

An nou travay ansanm pou nou gen yon Florid pi an sante!



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