

The seven counties served by Tennessee State University's Supplemental Nutrition Assistance Program (SNAP) Education comprise **37.05%** or 2,640,364 Tennesseans.

**4 out of 10
Tennesseans**



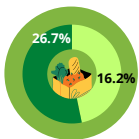
2 out of every 5

SNAP households in Tennessee are in these seven counties. There is a total of **342,496** SNAP Households in the counties served by TSU SNAP-Education.



Average Food Insecurity Rate

for the seven counties served by TSU SNAP-Education is **14.5%**, higher than the state of Tennessee.



The average percentage of people receiving SNAP

benefits in the counties served by TSU SNAP-Education is **26.7%**, which is higher than the state average of **16.2%**.

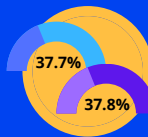


Child Food Insecurity

is **20.7%** which is higher than the state child food insecurity rate of **18.4%**. This represents more than **1 in 5 children** in counties served by the program.



In Lauderdale and Shelby
Counties child food insecurity is more
than **1 out of every 4 children**.



The average percentage of
children receiving SNAP
benefits in the counties served by TSU SNAP-
Education is **37.8%**, which is higher than the state
average of **23.1%**.



In Lauderdale and Shelby Counties
more than **2 out of every 5 children**
receive SNAP benefits.



YOUTH

Dietary Behaviors



36%

Consumed More Fruits



35%

Consumed More Vegetables



33%

Reduced Sugary Beverages

Physical Activity



32%

Increase hours spent on
physical activities





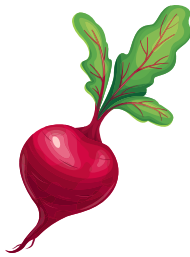
ADULTS

Dietary Behaviors



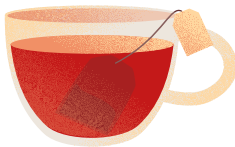
85%

Consumed More Fruits



76%

Consumed More Vegetables



71%

Reduced Sugary Beverages



70%

Increase hours
spent on physical
activities



43%

Did not run
out of food



83%

Compared Prices



80%

Used a
Grocery List



“I enjoyed that the participant felt comfortable to invite me to join her while she shopped for groceries for her and her son. She compared prices and discuss some of the things her son enjoyed eating. As a educator I want to always work to build relationships with my participants.”

-Davidson County Agent



"I have learned a lot from this class. I've learned how to make fast and small healthy meals. Thank you for teaching me a better way to eat. Making the dishes we were taught has been a great experience."

-Rutherford County Agent



“The participant was trying avocado for the first time and liked it. She was open to trying something new.”

-Hamilton County Agent





"This program has taught me some things about food, handling food, and recipes that you can make different dishes from, the instructor was very good and helpful."

-Davidson County Program Assistant



"During the last class, one participant stated that he had started a coupon book that he can't wait to use once he gets home. He also stated that he was not aware of how much couponing could help. That was one of the most helpful things that he got out of our 8 classes together!"

-Shelby County Agent



"I took in Pomegranate for the students to try in 4th grade. One student never tries anything! She is starting to trust me and decided to try pomegranate! She liked it!! I sent her mom a picture and she made a facebook post. Other mom's was bragging on the program."

-Stewart County Program Assistant



Tennessee State University Community Nutrition Education Program Educators

Davidson County

Angela Settles
awashington22@tnstate.edu

Cheryl Johnson
cjohn116@tnstate.edu

Latasha Holloway
lhollow1@tnstate.edu

Malia Mosby
mmosby6@tnstate.edu

Dyer County

Kalli Parr
kparr1@tnstate.edu

Hamilton County

Janice Hartman
jhartma1@tnstate.edu

Lauderdale County

Alexis Dixon
adixon49@tnstate.edu

Rutherford County

Brittany Satinover
bsatinov@tnstate.edu

Shelby County

Benneka Brooks
bbrook13@tnstate.edu

Jasmen Richmond
jrichm10@tnstate.edu

Stewart County

Sharon Shope
sshope@tnstate.edu

TSU-24-033(A)-7G-17090-TENNESSEE STATE UNIVERSITY IS AN EEO/AA EMPLOYER AND DOES NOT DISCRIMINATE ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, GENDER, GENDER IDENTITY, SEXUAL ORIENTATION, AGE, RELIGION, DISABILITY OR VETERAN STATUS IN ITS PROGRAMS OR ACTIVITIES. TENNESSEE STATE UNIVERSITY IS COMMITTED TO PROVIDING THE HIGHEST QUALITY OF EMPLOYMENT, EDUCATION, RESEARCH, AND SERVICE. IN SUPPORT OF THIS COMMITMENT, THE UNIVERSITY SEEKS TO ENSURE THAT ALL EDUCATIONAL AND EMPLOYMENT PROGRAMS ARE ADMINISTERED WITHOUT REGARD TO RACE, COLOR, NATIONAL ORIGIN, GENDER, GENDER IDENTITY, SEXUAL ORIENTATION, RELIGION, AGE, DISABILITY, OR VETERAN STATUS. THE UNIVERSITY'S NON-DISCRIMINATION AND ANTI-HARASSMENT POLICY IS APPLICABLE TO FACULTY, STAFF, APPLICANTS FOR EMPLOYMENT, STUDENTS AND APPLICANTS FOR EDUCATIONAL PROGRAMS AND OTHER ACTIVITIES. THIS POLICY IS FUNDAMENTAL TO THE EFFECTIVE FUNCTIONING OF THE UNIVERSITY AS AN INSTITUTION OF TEACHING, SCHOLARSHIP AND PUBLIC SERVICE.

THIS MATERIAL WAS FUNDED BY USDA SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM - SNAP, AND UNDER AN AGREEMENT WITH THE STATE OF TN. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.