

TENNESSEE STATE UNIVERSITY

# SNAP-ED PROGRAM IMPACT

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FFY2024 Report



# shop. cook. eat.

WITHIN YOUR BUDGET

## 2 out of every 5

SNAP households in Tennessee are in these seven counties. There is a total of **342,496** SNAP Households in the counties served by TSU SNAP-Education.



**7**  
counties served  
by TSU SNAP-Ed

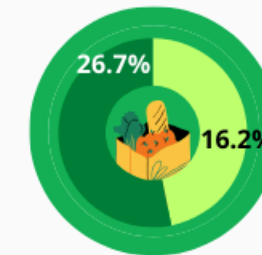
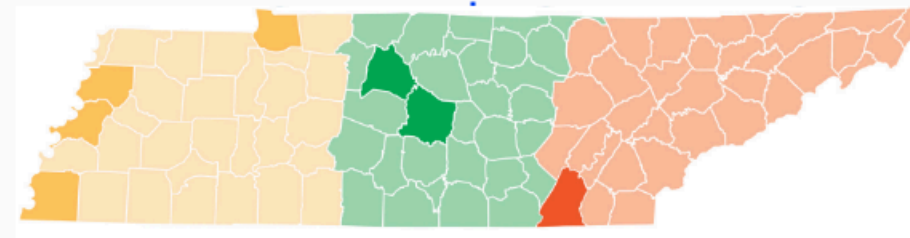


## In Lauderdale and Shelby

Counties child food insecurity is more than **1 out of every 4 children**.

## Average Food Insecurity Rate

for the seven counties served by TSU SNAP-Education is **14.5%**, higher than the state of Tennessee.



## The average percentage of people receiving SNAP

benefits in the counties served by TSU SNAP-Education is **26.7%**, which is higher than the state average of **16.2%**.

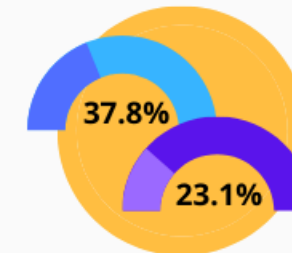
## Child Food Insecurity

is **20.7%** which is higher than the state child food insecurity rate of **18.4%**. This represents more than **1 in 5 children** in counties served by the program.



**37.05%**  
or 2,640,364  
Tennesseans

**4 out of 10**  
Tennesseans



## The average percentage of children receiving SNAP

benefits in the counties served by TSU SNAP-Education is **37.8%**, which is higher than the state average of **23.1%**.



## In Lauderdale and Shelby Counties

more than **2 out of every 5 children** receive SNAP benefits.



# YOUTH DIETARY BEHAVIORS



**40%** Consumed More Fruits



**60%** Consumed More Vegetables



**60%** Reduced Sugary Beverages

Physical Activity

**65%** Increase hours spent on physical activities

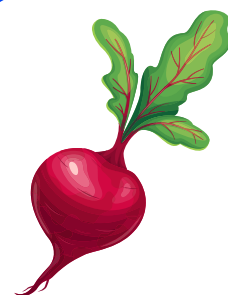




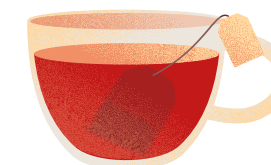
# ADULT DIETARY BEHAVIORS



**73%**  
Consumed More Fruits



**78%**  
Consumed More Vegetables



**38%**  
Reduced Sugary Beverages



**69%**  
Increase hours  
spent on physical  
activities



**50%**  
Did not run  
out of food



**63%**  
Compared  
Prices



**56%**  
Used a  
Grocery List





# PROGRAM GRADUATES FOR FFY24

**TOTAL NUMBER OF GRADUATES**

**1,339**

**ADULT GRADUATES**

**1,270**

**YOUTH GRADUATES**





# SUCCESS STORIES

“Participant from Wesley Homes stated that she put the FESMM "Color Your Plate" handout on her fridge to help her remember to eat more of a variety of fruits and vegetables.”

Community Nutrition Educator, Dyer County

“The recipes are good and easy to make at home. The class on how to understand the food labels was so informative.”

Community Nutrition Educator, Rutherford County

“After learning to shop in the grocery list. I now make a list of what I need before I go to the store. I now look at comparing prices to help save money.”

Community Nutrition Educator, Lauderdale County

I took in Pomegranate for the children to try in 4th grade. Memphis never tries anything! She is starting to trust me and decided to try pomegranate! She liked it!! I sent her mom a picture and she made a facebook post. Other mom's was bragging on the program.

Community Nutrition Educator, Stewart County







# THANK YOU!



# Tennessee State University Community Nutrition Education Program Educators

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