

# WE ARE LGU SNAP-ED,

a national network of **59 land-grant universities** from 48 states that work collaboratively to deliver one of the nation's most important health initiatives – SNAP-Ed – to SNAP recipients across the U.S.

## WHAT WE DO?

LGU SNAP-Ed equips SNAP participants with the information they need to make healthy food choices; prepare and store food safely; and engage in other behaviors that improve health and quality of life.

### THE VALUE OF THE LGU NETWORK INCLUDE:



STRUCTURE  
& SYSTEM



LOCAL  
CONNECTION



ADDED  
VALUE



EXPERIENCE



### STRUCTURE AND SYSTEM

Within the array of Land Grant University (LGU) systems (including HBCU and Tribal Colleges), LGU programs have the capacity, infrastructure, partnerships, and foundational mission to build relationships, both in-state and across the nation.



### LOCAL CONNECTION

LGU SNAP-Ed staff provide a unique understanding, personal connection, and strategic collaboration within the local communities they serve; LGU staff are hired locally to represent diverse cultures from audiences they reach where they live, work, eat, and play.



### ADDED VALUE

SNAP-Ed participants have direct access to LGU colleagues and peers that broaden their program experiences by being connected to Extension professionals from diverse expertise areas (i.e., agriculture, community development, youth development, and family and consumer science), and many more.



### EXPERIENCED

Built on the strong history of 50+ years of community nutrition and having connections to the broader university allows LGU SNAP-Ed to build the evidence base for program success.

# WE MAKE A DIFFERENCE!

In 2019, SNAP-Ed at the LGUs documented the following impacts:



**25,000** delivery sites across 37 states, including daycares, schools, workplaces, grocery stores, food banks, and farmers markets.



**40%** of adult participants increased consumption of fruits and vegetables as a result of SNAP-Ed.



**45%** of youth participants decreased intake of sugar-sweetened beverages as a result of SNAP-Ed.



**60%** of adult program participants utilized food resource management techniques to save money after attending SNAP-Ed classes.



**3 MILLION** people were reached through policy, systems, and environmental (PSE) change initiatives.



**6,000 NUTRITION** and 1,700 physical activity PSE changes implemented across 32 states.



**24** unique social marketing campaigns across 23 states reached an estimated 27 million participants.

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