



Arkansas EXTENSION SNAP-ED

In FY24, the University of Arkansas System Division of Agriculture Cooperative Extension Service's Supplemental Nutrition Assistance Program-Education (UADA SNAP-Ed) Program partnered with agencies and organizations at 530 locations throughout Arkansas, where Arkansans live, learn, play, shop, and work, to meet people where they are to support a common goal of healthy active living.

PROGRAM REACH:

230,847 Total Educational Contacts	36,436 Total Individuals	3,435 Total Number of Lessons	31,700 Total Known Reach of PSE Activities
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Working with community partners toward common goals and meeting Arkansans where they are creates opportunities to

BUILD HEALTH TOGETHER

Adults reported the following improvements:

75% Eating more fruit	66% Eating more vegetables	68% Improved food preparation skills	63% Increased physical activity	68% Adopted one or more food resource management practices
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What Adult UADA SNAP-Ed Participants are saying about their accomplishments:

“ I learned the benefits of healthy eating and have more energy now.”

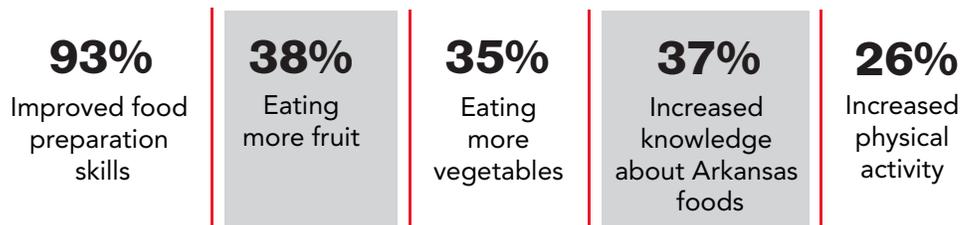
Adult Participant, Grant County



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UADA SNAP-ED

partnered with schools to teach 33,521 youth nutrition education. Youth reported improvements in dietary and physical activity habits:



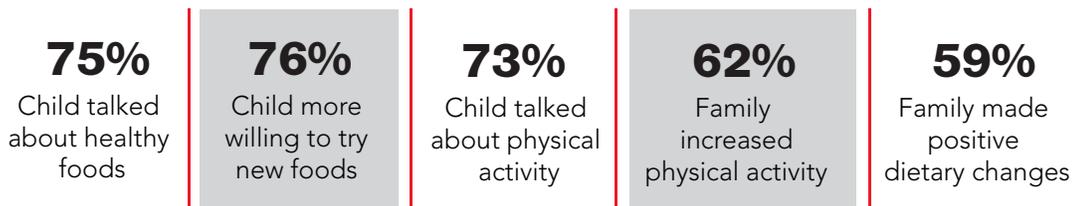
Youth indicated an "I can" attitude regarding their abilities to engage in their own healthy habits:

"I never ate any fruits or vegetables until this class changed my mind."

High School Student, Independence County

PARENTS

of school-based participants returned surveys with the following results:



UADA SNAP-Ed youth experiences in the classroom were extended to the home, as this parent commented:

"My child used to be very picky and wouldn't even try new foods and now he will always try something at least once"

Parent, Logan County

TEACHERS

were surveyed in order to measure the effectiveness of the UADA SNAP-Ed program in their schools. Survey results showed:



Teachers expressed how their students are taking ownership of their UADA SNAP-Ed experiences:

"Several students have shared times when they traded an unhealthy snack for a healthier one at home. I also had a student share that her family went to the store and bought some vegetables to plant at home to grow in their garden!"

Teacher, White County

